

## International Island Games Association

### The Sports and By-Laws

#### **Section 1 - The Sports of the Island Games and Recognised International Federations**

**1.1** The Rules of Competition of the following governing International Sports Federations shall be those used where appropriate at the Island Games (hereafter called 'the Games') subject to the provisions of Clause 1.6 hereof.

<b>1.2</b>	Federation Internationale de Tir a L'Arc	FITA
	International Association of Athletic Federation	IAAF
	Badminton World Federation	BWF
	Federation Internationale de Basketball	FIBA
	World Indoor Bowls Council	WIBC
	Union Cycliste Internationale	UCI
	Federation Internationale de Football Association	FIFA
	Royal & Ancient Golfing Society	R&A
	Federation Internationale Gymnastique	FIG
	International Judo Federation	IJF
	International Sailing Federation	ISAF
	International Shooting Sport Federation	ISSF
	Federation Internationale de Tir Aux Armes Sportives de Chasse	FITASC
	Clay Pigeon Shooting Association	CPSA
	World Squash Federation	WSF
	Federation Internationale de Natation	FINA
	International Table Tennis Federation	ITTF
	International Tennis Federation	ITF
	International Triathlon Union	ITU
	Federation Internationale de Volleyball	FIVB

**1.3** Any other sport, or event, accepted by the IIGA for inclusion in the Games, shall, if that sport, or event, be controlled by an International Federation, have the name of the Federation added to the above list.

**1.4** For clarification purposes Sailing will always be deemed to include Sailboarding (Windsurfing) and they will not be deemed to be separate sports.

**1.5** That in future 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling.

**1.6** All sports shall operate under the IIGA Constitution Operational Guidelines and Sports and By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under each Sports International Governing Body Rules.

## **Section 2 - The Responsibilities of the Host Island Organising Committee**

### **2.1 Operational Guidelines for Host Islands**

- 2.1.1 The IIGA has overriding control of the policy of the Games.
- 2.1.2 The Host Island Organising Committee (hereafter called the 'Organising Committee') shall set up its own Sports Management Committee and shall appoint 1 of its Members to act as Chairman. The Sports Management Committee shall be responsible to the Organising Committee for ensuring that each sport is properly administered. Each Governing Body of the sports chosen for the Games shall, with the approval of the Organising Committee, elect its representative to the Sports Management Committee.
- 2.1.3 Each Sport Representative of the Sports Management Committee will, in partnership with the Host Island Sport Governing Body, be responsible for making the arrangements for competitions, and shall ensure that all venues and facilities necessary for competition meet with the requirements of the IIGA. Should any doubt exist as to the suitability of any venue or facility the Organising Committee will report the fact to the Executive Committee.
- 2.1.4 The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee. The Technical Committee is established by election at the Post-Games Technical Committee meeting at the previous Games and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both Future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman, to ensure continuity.
- 2.1.5 Each Sport Co-Ordinator shall, with the agreement of their Technical Committee convene a Pre-Competition management meeting for all Team Managers.
- 2.1.6 The Sport Co-Ordinator shall where appropriate, advise the Chairman and Secretary of the Technical Committee of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.7 The Sport Co-Ordinator shall, where possible, notify each of the Team Managers of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.8 At the Pre-Competition Management meeting, the Sport Co-Ordinator shall introduce himself/herself and if appropriate, Members of the Sports Organising Committee. The meeting shall then be handed over to the Chairman of the Technical Committee.

### **Section 3 - The Pre-Competition Meeting**

#### **3.1** Suggested agenda for the Pre-Competition Meeting:

- 1 Introduction to the meeting of:
  - Technical Committee.
  - Host Island Coordinator and Technical Officer.
  - Observer from the International Federation (if present).
- 2 Appointment of a Chairman (if the Chairman of the Technical Committee is not present).
- 3 Appointment of a Secretary of the meeting (if the Secretary of the Technical Committee is not present).
- 4 The Host Island Coordinator and/or Technical Officer should: -
  - confirm the Programme and Order of Events
  - clarify the Rules e.g. seeding
  - allocate lanes
  - substitutions
  - notify meeting of withdrawals etc.
  - explain the procedures to be followed e.g. sports opening ceremony
  - arrangements for training and warm-up
  - medal presentations
  - appeals etc.
  - answer questions from the floor
- 5 Appointment of a Jury of Appeal
- 6 Any Other Business
- 7 Confirmation of the day, time and place of the Post-Competition Meeting.

#### **3.2** **Note**

- This meeting should be attended by the Technical Committee appointed at the previous Games together with 2 representatives from each Member Island competing in that sport. The Observer from the International Federation, the Senior Official who will be responsible for conducting the event, the Host Island Coordinator and Technical Officer should also be present.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, and to each Member Island that participated in the sport.

#### **Section 4 - Attendance and Voting Rights At Sports Competition Meetings**

- 4.1 The Organising Committee of the sport concerned a maximum of 2 representatives (1 vote).
- 4.2 Each of the other Member Island Association (hereafter called 'Member Islands') competing in the sport a maximum of 2 representatives (1 vote per Member Island).
- 4.3 The International Federation Delegate/Observer of the sport or event (as appropriate) if present at the Games (1 vote).
- 4.4 The Officers and Executive Committee Members are ex-officio, non-voting Members of all IIGA Technical Committees.
- 4.5 The Chairman of the Technical Committee shall have the casting vote.

#### **Section 5 - The Roles & Responsibilities of Sport Technical Committee**

- 5.1 Each Technical Committee shall supervise and assume control of the Technical arrangements for their sport during the Games, assisted by the Organising Committee and by its Sports Committees. The Technical Committee shall ensure that the sport is conducted in accordance with the Rules of the International Federation concerned, or by the Governing Body of the sport where there is no direct conflict with the Constitution, Operational Guidelines and Sports By-laws of the IIGA.
- 5.2 The Technical Committee may meet at such times as is deemed necessary during the course of the Games.
- 5.3 Juries of Appeal shall be composed in accordance with the IIGA Sports By-laws but could include, if present, the official International Federation Delegate/Observer of the sport or event (as appropriate). The names of the Members of the Juries of Appeal for each sport will be notified in writing to the General Secretary immediately on their appointment.
- 5.4 The Jury of Appeal shall not consist of more than 40% of its Members from 1 Member Island.
- 5.5 Between the Games the Members of the Technical Committee will act as the advisory/consultative body for that sport for the Executive Committee, the Sport Coordinator from the next Host Island and the Organising Committee from the next Host Island.
- 5.6 Technical Committees shall be empowered to recommend/propose amendments to the Executive Committee. Amendments must be sent to the General Secretary no later than 4 months before the Games at which the changes will come into effect.
- 5.7 Each Technical Committee shall have the power to co-opt non-voting persons for consultative purposes only.

## Section 6 - The Post-Competition Meeting

### 6.1 Suggested agenda for the Post-Competition Technical Meeting:

- 1 Introduction of any person not present at the Pre-Competition Meeting.
- 2 Approve the Minutes of the last meeting
- 3 Matters arising from the Minutes
- 4 Review all aspects of the current Games:
  - pre-games information
  - entries
  - programme
  - officiating
  - results service
- 5 Agree an outline Programme for the next Games
- 6 Formulate recommendations, if any, for the next Organising Committee
- 7 Review the sport specific IIGA By-laws.
- 8 Appoint a Technical Committee to serve until the conclusion of the next Games.
- 9 Any Other Business

### 6.2 Note:

- It is desirable that the Sports Coordinator for the next Games be present at this meeting. The meeting may be attended by a representative of the Executive Committee; therefore the Executive Committee must be notified of the details of the arrangements.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to each new Island that was admitted to the IIGA during the AGM.
- **It is essential that the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee are sent (preferably by email) to the General Secretary, together with the Minutes of both the Pre and Post-Competition Meetings, within 2 months of the Closing Ceremony of the Games.**

## Swimming By-laws

### Section 1 - Competition Rules

- 1.1 The Swimming competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under the La Federation Internationale de Natation (FINA) Rules
- 1.2 Team Managers of competing Member Islands are responsible to ensure that all their Officials, Coaches and Competitors are fully aware of the above and General Competition Rules governing the competition.

### Section 2 - General

#### 2.1 Island Representation

**Individual Events** A maximum of 2 competitors per Member Island

**Team Events** A maximum of 1 Team per Member Island

#### 2.2 Age of Competitors

2.2.1 There is no minimum age for competitors.

2.2.2 In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

#### 2.3 Officials

2.3.1 To be appointed by the Organising Committee

2.3.2 The competition will be controlled by the Senior Referee and Officials all of whom shall be suitably qualified.

2.3.3 The Senior Referee for the competition shall be appointed no later than 12 months prior to the commencement of the Games.

2.3.4 The Officials shall be FINA qualified or have qualifications recognised by a National Governing Body of Swimming. An Official qualified by experience shall be permitted to act as an official at the discretion of the Organising Committee and with the approval of the Senior Referee.

#### 2.4 Events

##### 2.4.1 Individual

Mandatory events for men & women are:

50m Freestyle

100m Freestyle

200m Freestyle

400m Freestyle

800m Freestyle (women only)

1500m Freestyle (men only)

50m Backstroke

100m Backstroke

200m Backstroke  
50m Butterfly  
100m Butterfly  
200m Butterfly  
50m Breaststroke  
100m Breaststroke  
200m Breaststroke  
100m Individual Medley  
200m Individual Medley  
400m Individual Medley

**2.4.2 Team**

4 x 50m Medley Relay  
4 x 100m Medley Relay  
4 x 50m Freestyle Relay  
4 x 100m Freestyle Relay

2.4.2.1 The following event may be included in the programme as a non-medal event only at the discretion of the Organising Committee:

8 x 50m Mixed (4 men & 4 women) Freestyle Relay

**2.4.3 Competition Programme**

The order of events (programme) for the Games is as follows:

**Day 1**

1. Men's 1500m Freestyle (This event is a Heat Declared Winner (HDW))
2. Women's 400m Individual Medley
3. Men's 200m Butterfly
4. Women's 100m Butterfly
5. Men's 100m Breaststroke
6. Women's 50m Breaststroke
7. Men's 50m Backstroke
8. Women's 200m Freestyle
9. Men's 200m Individual Medley
10. Women's 4 x 50 Freestyle Relay
11. Men's 4 x 50 Medley Relay

**Day 2**

12. Women's 800 Freestyle (This event is a HDW)
13. Men's 400m Individual Medley
14. Women's 200m Breaststroke
15. Men's 100m Butterfly
16. Women's 100m Backstroke
17. Men's 50 Breaststroke
18. Women's 50m Butterfly

19. Men's 200m Freestyle
20. Women's 200m Individual Medley
21. Men's 4 x 50 Freestyle Relay
22. Women's 4 x 50 Medley Relay

**Day 3**

23. Men's 100m Individual Medley
24. Women's 400m Freestyle
25. Men's 200m Backstroke
26. Women's 100m Breaststroke
27. Men's 100m Freestyle
28. Women's 50m Freestyle
29. Men's 50m Butterfly
30. Women's 200m Backstroke
31. Men's 4 x 100 Medley Relay
32. Women's 4 x 100 Freestyle Relay

**Day 4**

33. Women's 100m Individual Medley
34. Men's 400m Freestyle
35. Women's 200m Butterfly
36. Men's 100m Backstroke
37. Women's 100m Freestyle
38. Men's 50m Freestyle
39. Women's 50m Backstroke
40. Men's 200m Breaststroke
41. Women's 4 x 100 Medley Relay
42. Men's 4 x 100 Freestyle Relay
43. Mixed 8 x 50 Freestyle Relay (if included in programme of events)

**2.5 Training**

- 2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.
- 2.5.2 Competition venues should be made available to the competing Member Island Teams for training a minimum of 2 days prior to the Opening Ceremony of the Games.

**2.6 Draws**

- 2.6.1 The seeding of heats and finals will be in accordance with FINA Rule SW3, except in the Relays where the seeding of heats will be determined by draw.
- 2.6.2 All Finals will be spearheaded – fastest qualifier in lane 4 next fastest in lane 5, next fastest in lane 3, then lane 6, 2,7,1,8.

## **2.7 Venues**

- 2.7.1 The competition Pool must conform to the FINA regulation length of 25metre with a minimum of 6 lanes, this shall be confirmed in the Host Island Bid Document.
- 2.7.2 In the event of the Member Islands arriving for competition and it being that the competition pool does not comply with the measurement requirements the competition could still take place with the approval of the Technical Committee and the Executive Committee.
- 2.7.3 A pool plan detailing emergency evacuation and other relevant information must be made available to the Team Manager of each competing Member Island prior to the commencement of the event and no later than the Pre-Competition Technical Committee Meeting.

## **2.8 Equipment**

- 2.8.1 Each competing Team will provide 3 of their National flags (2 for ceremonies and 1 for display) to the Organising Committee. The dimension of such flags where possible should be 150cm x 90cm (60inches x 36 inches).
- 2.8.2 Each competing Team will provide a copy of their National Anthem (song/tune) on compact disc or other suitable media. A copy of the words should also be supplied.

## **2.9 Clothing**

The regulation of FINA concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

## **2.10 Medical**

The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

## **2.11 Medals**

- 2.11.1 Medals will be presented to the swimmers placed 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each final.
- 2.11.2 Medals will be presented in reverse order i.e. Bronze, Silver and Gold
- 2.11.3 All competitors used in any round of the Relay events will receive a medal but only the 4 competitors used in the Final will be presented with medals at the medal ceremony. Organising Committees should note that they may need up to 8 medals of each type for each of the relays.

## **2.12 Protests and Complaints**

Any protests or complaints will be investigated by the Senior Referee and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

## **2.13 Banned Substances and Drug Testing**

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

**Section 3 - Technical Committee****3.1 Appointment**

The Technical Committee will be appointed at each Games Post-Competition Meeting and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both of the future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman to ensure continuity.

**3.2 Meetings**

The Technical Committee will meet if necessary at any time during the Games. In the period between the Games the Technical Committee will act as an advisory / consultative body on any matters arising.

**Section 4 – Pre and Post-Competition Meetings**

**4.1** The Pre and Post-Competition Meetings shall be called and chaired by the Host Island Sports Co-ordinator and shall be attended by the Technical Committee and up to 2 representatives from each competing Member Island Team.

**4.2** The Jury of Appeal will be appointed at the Pre-Competition Meeting. A panel of 5 Members (preferably from different competing Member Islands) plus a non-voting Secretary will be appointed. A minimum of 3 Members plus the Secretary would be required to hear an appeal. If the appeal concerns a competitor from the same Member Island as 1 of the Jury Members he/she cannot participate in any decision taken.

**4.3** The Chairman of the Jury of Appeal must be qualified to a standard equal to, or higher than the Senior Referee.

**4.4** A Member of the Jury of Appeal shall be entitled to participate in the discussion of any matter concerning a swimmer from the Member Island that he or she represents but will not be entitled to vote on the resolution of such matter.

**Section 5 - Individual Competition**

**5.1** The fastest heat of the Men's 1500m Freestyle (Day 1) and the Women's 800m Freestyle (Day 2) events are to be held as a final event in the evening sessions.

**5.2** Where swimmers have equal times for 6/8<sup>th</sup> place in the final they shall swim off after the last heat in the morning session.

**5.3** A competitor is eligible to compete in any number of events subject to the provision that each competing Member Island may only enter a maximum of 2 swimmers in any Individual Event and 1 Team in a Relay Event.

**5.4** Any finalist wishing to withdraw must notify the officials in the administration area 30 minutes after the announcement of the finalists. Any withdrawals after this deadline will be permitted on medical grounds only.

- 5.5** No substitution will be allowed after close of entries which is 8 weeks prior to the Opening Ceremony of the Games. Member Island Swimming Team entrants may be changed up to 4 weeks prior to commencement of the Games for medical reasons on the production of a medical certificate. During the Games a swimmer can be substituted, using a previously registered swimming entrant, for medical reasons upon production of a medical certificate.
- 5.6** Competitors are not permitted to wash/splash themselves down whilst a race is in progress as this will be considered as interference with the event and the Referee may be obliged to disqualify them.

**Section 6 - Team Competition General Rules**

- 6.1** A Games Record may be set on the 1<sup>st</sup> leg of a Relay Event.
- 6.2** Names of competitors in the Relay Teams (in the order they will be competing) must be submitted on the forms provided at the Technical Meeting prior to the particular session.