

# NatWest Island Games XIII 2009

## Sailing Regatta

June 27- July 3, 2009, Mariehamn, Åland, Finland

### SAILING INSTRUCTIONS

The organizing authority is the Organizing Committee of NatWest Island Games Åland XIII 2009 in conjunction with the Åland Island Yacht Club and the Mariehamn Yacht Club

#### 1 RULES

- 1.1 The regatta will be governed by
  - (a) the *IIGA Constitution Operational Guidelines*
  - (b) the *IIGA Sports and By-Laws*
  - (c) the rules as defined in *The Racing Rules of Sailing*
- 1.2 No national authority prescriptions will apply
- 1.3 In accordance with the ISAF Advertising Code, advertising on the supplied equipment is only available to the organizing authority.
- 1.4 The official language of the regatta is English

#### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located Near the main entrance of Mariebad where the Race Office is located.

#### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

#### 4 BOATS/SAILING BOARDS(here after boats)

- 4.1 Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way except that
  - (a) a compass may be tied or taped to the hull or spars
  - (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat
  - (c) hulls, centreboards and rudders may be cleaned, but only with water
  - (d) adhesive tape may be used anywhere above the water line

- (e) all fittings or equipment designed to be adjusted may be adjusted, provided the class rules are complied with.
- (f) Lasers: Lines, tiller, tiller extension, centreboard and rudder are provided but can be replaced by own.
- (g) Sailing boards: Harness lines will be provided but can be replaced by own lines.

**4.2** The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.

**4.3** Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

**4.4** Class rules requiring competitors to be members of the class association will not apply.

## **5 SIGNALS MADE ASHORE**

**5.1** Signals made ashore will be displayed at Signal mast outside Mariebad

**5.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

## **6 SCHEDULE OF RACES**

**6.1** Dates of racing:

<b><u>Date</u></b>	<b><u>Starboard</u></b>	<b><u>Laser STD</u></b>	<b><u>Laser RDL</u></b>
<b>Saturday June 27</b>	Practice day	Practice day	Practice day
<b>AM</b>	Tune Up Race		Tune Up Race
<b>PM</b>	Tune Up Race	Tune Up Race	
<b>Sunday, June 28</b>			
<b>AM, 2 races</b>	Racing		Racing
<b>PM, 2 races</b>		Racing	
<b>Monday, June 29</b>			
<b>AM, 2 races</b>		Racing	
<b>PM, 2 races</b>	Racing		Racing
<b>Thursday, June 30</b>			
<b>AM, 2 races</b>	Racing		Racing
<b>PM, 2 races</b>		Racing	
<b>Wednesday, July 1</b>	<i>No racing scheduled</i>	<i>No racing scheduled</i>	<i>No racing scheduled</i>
<b>Thursday, July 2</b>			
<b>AM, 2 races</b>		Racing	
<b>PM, 2 races</b>	Racing		Racing
<b>Friday, July 3</b>			
<b>AM, 2 races</b>	Racing		Racing
<b>PM, 2 races</b>		Racing	

**AM** = First set of racing for the day. The scheduled time for the warning signal for the first race in the first set of the day will be at 10:00.

**PM** = Second set of racing for the day. Warning signal for the second set of the day is 60 mins after the last boat finishes in the 2<sup>nd</sup> race of the day in the first set, however not earlier than 13:00 The time for the warning signal will be posted at the Official Notice Board.

**6.2** Number of races:

<i>Class</i>	<i>Number</i>	<i>Races per day</i>
All classes	10	2

**6.3** The scheduled time of the warning signal for the first race each day is 10:00

## **7 CLASS FLAGS**

**7.1** Class flags will be:

## 7.2

<i>Class</i>	<i>Flag</i>
Laser	D
Starboard	E

## 8 RACING AREAS

8.1 Attachment 1 shows the location of the racing area.

## 9 THE COURSES

9.1 The diagrams in Attachment 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## 10 MARKS

10.1 Marks 1a, 2 and 3 will be orange “tetra shaped” buoys. Mark 1b will be a small orange “tetra shaped” buoy.

10.2 New marks, as provided in instruction 13.1 will be “cylindrical shaped” buoys.

10.3 The starting marks will be a staff displaying an orange flag on board the starting vessel on starboard and a staff displaying blue flag at the port end.

10.4 The finishing marks will be staffs displaying blue flags.

## 11 AREAS THAT ARE OBSTRUCTIONS

11.1 The following area is designated as an obstruction: The reef shown in Attachment 1. The area will be marked with small buoys around the reef, where the line from one buoy to the next buoy is considered as the border for the obstruction.

11.2 Sailing inside the area marked as an obstruction is prohibited.

## 12 THE START

12.1 The starting line will be between a staff displaying an orange flag on board the starting vessel on starboard and a staff displaying a blue flag on port side. The port end flag can be either in the water or on a race committee boat.

12.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12.3 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without hearing. This changes rules A4 and A5.

### **13 CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1** To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

### **14 THE FINISH**

- 14.1** The finishing line will be between a staff displaying a blue flag on board the starting vessel on starboard and a staff displaying blue flag at the port end. The port end flag can be either in the water or on a race committee boat.

### **15 PENALTY SYSTEM**

- 15.1** A boat that has taken a penalty or retired under rule 44.1 shall complete an acknowledgement form at the race office within the protest time limit.
- 15.2** As provided in rule 67, the jury may, without a hearing, penalize a boat that has broken rule 42.

### **16 TIME LIMITS**

- 16.1** If no boat has passed Mark 1 within 25 minutes, the race will be abandoned.
- 16.2** The target time for the first boat to finish in each race will be 50 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 16.3** Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without hearing. This changes rules 35, A4 and A5.

### **17 PROTESTS AND REQUESTS FOR REDRESS**

- 17.1** Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2** For each class, the protest time limit is 90 minutes after the last boat of that class has finished the last race of the day. The time for when the protest time ends will be posted on the official notice board.
- 17.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at Mariebad beginning at the time posted.
- 17.4** Notices of protests by the race committee or jury will be posted to inform boats under rule 61.1(b).

- 17.5** A list of boats that, under instruction 15.2, have been penalized for breaking rule 42 will be posted.
- 17.6** Breaches of instructions 11.2, 12.2, 19 and 23 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the jury so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 17.7** On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 17.8** On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 17.9** Decisions of the jury will be final as provided in rule 70.5.

## **18 SCORING**

- 18.1** The Low Point scoring system of Appendix A will apply.
- 18.2** 3 races is required to be completed to constitute a series.
- 18.3**
- (a) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
  - (b) When 6 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.4** Team scoring: The finishing place for all four competitor in the team is added to get the teams total score.

## **19 SAFETY REGULATIONS**

- 19.1** A boat that retires from a race shall notify the race committee as soon as possible.

## **20 REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1** Crew substitution of the registered sailor is not allowed.
- 20.2** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **21 EQUIPMENT AND MEASUREMENT CHECKS**

- 21.1** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **22 OFFICIAL BOATS**

- 22.1** Official boats will be marked as follows:
- Race committee boats: Yellow flag
  - Jury Boats: J Flag

## **23 SUPPORT BOATS**

- 23.1** Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

## **24 PRIZES**

- 24.1** Prizes will be given to the first, second and third in each individual class and to the first, second and third team in the Laser team-competition and to the first and second team in the sail boarding team-competition.

## **25 DISCLAIMER OF LIABILITY**

- 25.1** Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **26 INSURANCE**

- 26.1** The participants are required to hold adequate insurance and in particular to hold insurance against third party claims with a minimum cover of € 1.500.000 EUR per event or the equivalent.