

International Island Games Association

The Sports and By-Laws

Section 1 - The Sports of the Island Games and Recognised International Federations

- 1.1** The Rules of Competition of the following governing International Sports Federations shall be those used where appropriate at the Island Games (hereafter called 'the Games') subject to the provisions of Clause 1.6 hereof.
- 1.2**
- | | |
|--|--------|
| Federation Internationale de Tir a L'Arc | FITA |
| International Association of Athletic Federation | IAAF |
| Badminton World Federation | BWF |
| Federation Internationale de Basketball | FIBA |
| World Indoor Bowls Council | WIBC |
| Union Cycliste Internationale | UCI |
| Federation Internationale de Football Association | FIFA |
| Royal & Ancient Golfing Society | R&A |
| Federation Internationale Gymnastique | FIG |
| International Judo Federation | IJF |
| International Sailing Federation | ISAF |
| International Shooting Sport Federation | ISSF |
| Federation Internationale de Tir Aux Armes Sportives de Chasse | FITASC |
| Clay Pigeon Shooting Association | CPSA |
| World Squash Federation | WSF |
| Federation Internationale de Natation | FINA |
| International Table Tennis Federation | ITTF |
| International Tennis Federation | ITF |
| International Triathlon Union | ITU |
| Federation Internationale de Volleyball | FIVB |
- 1.3** Any other sport, or event, accepted by the IIGA for inclusion in the Games, shall, if that sport, or event, be controlled by an International Federation, have the name of the Federation added to the above list.
- 1.4** For clarification purposes Sailing will always be deemed to include Sailboarding (Windsurfing) and they will not be deemed to be separate sports.
- 1.5** That in future 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling.
- 1.6** All sports shall operate under the IIGA Constitution Operational Guidelines and Sports and By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under each Sports International Governing Body Rules.

Section 2 - The Responsibilities of the Host Island Organising Committee**2.1 Operational Guidelines for Host Islands**

- 2.1.1 The IIGA has overriding control of the policy of the Games.
- 2.1.2 The Host Island Organising Committee (hereafter called the 'Organising Committee') shall set up its own Sports Management Committee and shall appoint 1 of its Members to act as Chairman. The Sports Management Committee shall be responsible to the Organising Committee for ensuring that each sport is properly administered. Each Governing Body of the sports chosen for the Games shall, with the approval of the Organising Committee, elect its representative to the Sports Management Committee.
- 2.1.3 Each Sport Representative of the Sports Management Committee will, in partnership with the Host Island Sport Governing Body, be responsible for making the arrangements for competitions, and shall ensure that all venues and facilities necessary for competition meet with the requirements of the IIGA. Should any doubt exist as to the suitability of any venue or facility the Organising Committee will report the fact to the Executive Committee.
- 2.1.4 The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee. The Technical Committee is established by election at the Post-Games Technical Committee meeting at the previous Games and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both Future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman, to ensure continuity.
- 2.1.5 Each Sport Co-Ordinator shall, with the agreement of their Technical Committee convene a Pre-Competition management meeting for all Team Managers.
- 2.1.6 The Sport Co-Ordinator shall where appropriate, advise the Chairman and Secretary of the Technical Committee of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.7 The Sport Co-Ordinator shall, where possible, notify each of the Team Managers of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.8 At the Pre-Competition Management meeting, the Sport Co-Ordinator shall introduce himself/herself and if appropriate, Members of the Sports Organising Committee. The meeting shall then be handed over to the Chairman of the Technical Committee.

Section 3 - The Pre-Competition Meeting

3.1 Suggested agenda for the Pre-Competition Meeting:

- 1 Introduction to the meeting of:
 - Technical Committee.
 - Host Island Coordinator and Technical Officer.
 - Observer from the International Federation (if present).
- 2 Appointment of a Chairman (if the Chairman of the Technical Committee is not present).
- 3 Appointment of a Secretary of the meeting (if the Secretary of the Technical Committee is not present).
- 4 The Host Island Coordinator and/or Technical Officer should: -
 - confirm the Programme and Order of Events
 - clarify the Rules e.g. seeding
 - allocate lanes
 - substitutions
 - notify meeting of withdrawals etc.
 - explain the procedures to be followed e.g. sports opening ceremony
 - arrangements for training and warm-up
 - medal presentations
 - appeals etc.
 - answer questions from the floor
- 5 Appointment of a Jury of Appeal
- 6 Any Other Business
- 7 Confirmation of the day, time and place of the Post-Competition Meeting.

3.2 **Note**

- This meeting should be attended by the Technical Committee appointed at the previous Games together with 2 representatives from each Member Island competing in that sport. The Observer from the International Federation, the Senior Official who will be responsible for conducting the event, the Host Island Coordinator and Technical Officer should also be present.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, and to each Member Island that participated in the sport.

Section 4 - Attendance and Voting Rights At Sports Competition Meetings

- 4.1 The Organising Committee of the sport concerned a maximum of 2 representatives (1 vote).
- 4.2 Each of the other Member Island Association (hereafter called 'Member Islands') competing in the sport a maximum of 2 representatives (1 vote per Member Island).
- 4.3 The International Federation Delegate/Observer of the sport or event (as appropriate) if present at the Games (1 vote).
- 4.4 The Officers and Executive Committee Members are ex-officio, non-voting Members of all IIGA Technical Committees.
- 4.5 The Chairman of the Technical Committee shall have the casting vote.

Section 5 - The Roles & Responsibilities of Sport Technical Committee

- 5.1 Each Technical Committee shall supervise and assume control of the Technical arrangements for their sport during the Games, assisted by the Organising Committee and by its Sports Committees. The Technical Committee shall ensure that the sport is conducted in accordance with the Rules of the International Federation concerned, or by the Governing Body of the sport where there is no direct conflict with the Constitution, Operational Guidelines and Sports By-laws of the IIGA.
- 5.2 The Technical Committee may meet at such times as is deemed necessary during the course of the Games.
- 5.3 Juries of Appeal shall be composed in accordance with the IIGA Sports By-laws but could include, if present, the official International Federation Delegate/Observer of the sport or event (as appropriate). The names of the Members of the Juries of Appeal for each sport will be notified in writing to the General Secretary immediately on their appointment.
- 5.4 The Jury of Appeal shall not consist of more than 40% of its Members from 1 Member Island.
- 5.5 Between the Games the Members of the Technical Committee will act as the advisory/consultative body for that sport for the Executive Committee, the Sport Coordinator from the next Host Island and the Organising Committee from the next Host Island.
- 5.6 Technical Committees shall be empowered to recommend/propose amendments to the Executive Committee. Amendments must be sent to the General Secretary no later than 4 months before the Games at which the changes will come into effect.
- 5.7 Each Technical Committee shall have the power to co-opt non-voting persons for consultative purposes only.

Section 6 - The Post-Competition Meeting

6.1 Suggested agenda for the Post-Competition Technical Meeting:

- 1 Introduction of any person not present at the Pre-Competition Meeting.
- 2 Approve the Minutes of the last meeting
- 3 Matters arising from the Minutes
- 4 Review all aspects of the current Games:
 - pre-games information
 - entries
 - programme
 - officiating
 - results service
- 5 Agree an outline Programme for the next Games
- 6 Formulate recommendations, if any, for the next Organising Committee
- 7 Review the sport specific IIGA By-laws.
- 8 Appoint a Technical Committee to serve until the conclusion of the next Games.
- 9 Any Other Business

6.2 Note:

- It is desirable that the Sports Coordinator for the next Games be present at this meeting. The meeting may be attended by a representative of the Executive Committee; therefore the Executive Committee must be notified of the details of the arrangements.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to each new Island that was admitted to the IIGA during the AGM.
- **It is essential that the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee are sent (preferably by email) to the General Secretary, together with the Minutes of both the Pre and Post-Competition Meetings, within 2 months of the Closing Ceremony of the Games.**

Athletics By-laws

Section 1 - Competition Rules

- 1.1** The Athletics competition shall operate under the IIGA Constitutional Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under the IAAF Rules, as per IAAF Rule 1C).
- 1.2** In General IAAF Rule 166 should be adhered to but with the agreement of the Technical Committee, the Organising Committee may vary this in view of local circumstances and the constraints of the timetable.

Section 2 - General

2.1 Island Representation

- 2.1.1 Individual** Maximum of 2 competitors per event per Member Island
- 2.1.2 Relays** 1 Team per Member Island to consist of 4 competitors in each round selected from a maximum of 6 competitors declared before the 1st round. Up to 2 changes are allowed between heats and the final.

2.1.3 Half Marathon

A Team consists of a minimum of 2 runners and a maximum of 3 runners. The 1st 2 runners of each Team to finish shall count. Single entries will count for the Individual event only.

2.2 Age of Competitors

- 2.2.1** The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.
- 2.2.2** In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

2.3 Officials

- 2.3.1** To be appointed by the Organising Committee
- 2.3.2** The competition will be controlled by the Meeting Manager (IAAF Rule 122) and the Chief Officials all of whom should be suitably qualified to the following minimum standard:
- Starter (UK Athletics Level 5, or equivalent in Host country)
 - Field Referee (UK Athletics Level 5, or equivalent in Host country)
 - Track Referee (UK Athletics Level 5, or equivalent in Host country)
 - Timekeeper (UK Athletics Level 5, or equivalent in Host country)
 - Race Walking -
Chief Judge (UK Athletics Level 5, or equivalent in Host country)
- 2.3.3** Other officials and Judges should be appointed in accordance with IAAF Rule 120,

their duties being defined as per IAAF Rules 121 to 138.

2.4 Events

2.4.1 A programme of events shall be chosen from the following events:

Men:	100m	10000m Walk	Pole vault	Javelin
	200m	110m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		
Women:	100m	3000m Walk	Pole Vault	Javelin
	200m	100m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		

2.4.2 Competition Programme

2.4.2.1 The following timetable should be followed as closely as possible, taking into account the prevailing weather and humidity conditions of the Host Island. In general, heats and preliminary rounds should be held in the morning, with all finals taking place in late afternoon and evening.

2.4.2.2 **Athletics Timetable** (if Half-Marathon is on Day1) – to be preferred where possible. Extra rounds in bold italics will probably only be needed where the track only has 6 lanes.

Day 1 (normally Sunday)

am Half-Marathon (M & W)
 pm **Men’s Hammer** (safety factors might mean this has to happen before other events)

<u>Men</u>		<u>Women</u>	
200m	Rd 1	100m	Rd1
800m	Heats	400m	Rd1
1,500m	Heats	Triple Jump	F
High Jump	F	3,000m Walk	F

Day 2 (Monday)

am 400m Hurdles Heats 100m S/F
 200m S/F
800m S/F
 pm **400m Hurdles F** **100m F**
200m F **400m S/F**

5,000m	F	1,500m	F
Shot Putt	F	Pole Vault	F
		Javelin	F

Day 3 (Tuesday)

am	110m Hurdles Heats		100m Hurdles Heats	
			800m Heats	
	4 x 100m Heats		4 x 100m Heats	
pm	110m Hurdles	F	100m Hurdles	F
	800m	F	400m	F
	Discus	F	3,000m S/C	F
			Shot Putt	F

Day 4 (Wednesday)

am	100m	Rd 1	200m	Rd 1
	400m	Rd1	800m	S/F
	1,500m	prelim		
pm	Women's Hammer (safety factors might mean this happens before other events)			
	4 x 400m	Heats	4 x 400m	Heats
	3,000m S/C	F	10,000m	F
	Long Jump	F	High Jump	F
	Javelin	F		

Day 5 (Thursday)

am	100m	S/F	200m	S/F
	400m	S/F	400m Hurdles	Heats
	1,500m	Heats		
pm	100m	F	200m	F
	400m	F	400m Hurdles	F
	Pole Vault	F	800m	F
	10,000m Walk	F	Discus	F
			Long Jump	F

Day 6 (Friday)

am	10,000m	F	5,000m	F
	1,500m	F	4 x 100m	F
	4 x 100m	F	4 x 400m	F
	4 x 400m	F		
	Triple Jump	F		

2.4.2.3 **Timetable** (if Half-Marathon on Day 6)

Extra rounds in bold italics will probably only be needed where the track only has 6 lanes.

Day 1 (normally Sunday)

pm **Men's Hammer** (safety factors might mean this happens before other events)

MenWomen

10,000m F
200m Rd 1

3,000m Walk F
100m Rd1

400m ***Rd 1***

800m Heats

1,500m Heats

High Jump F

Long Jump F

Day 2 (Monday)

am 400m Hurdles Heats

100m S/F

200m S/F

800m ***S/F***

pm **400m Hurdles** F

100m F

200m F

400m **S/F**

3,000m S/C F

10,000m F

Shot Putt F

Pole Vault F

Javelin F

Day 3 (Tuesday)

am 110m Hurdles Heats

100m Hurdles Heats

800m Heats

4 x 100m Heats

4 x 100m Heats

pm **110m Hurdles** F

400m F

800m F

100m Hurdles F

Discus F

1,500m F

Shot Putt F

Day 4 (Wednesday)

am 100m Rd 1

200m Rd 1

400m Rd1

800m ***S/F***

1,500m ***prelim***

pm **Women's Hammer** (safety factors might mean this happens before other events)

4 x 400m Heats

4 x 400m Heats

5,000m F

5,000m F

Long Jump F

High Jump F

Javelin F

Day 5 (Thursday)

am	100m	S/F	200m	S/F
	400m	S/F	400m Hurdles	Heats
	1,500m	Heats		
pm	100m	F	200m	F
	400m	F	400m Hurdles	F
	Pole Vault	F	3,000m S/C	F
	10,000m Walk	F	Discus	F
			Triple Jump	F

Day 6 (Friday)

am	Half-Marathon F (M & W)			
	1,500m	F	800m	F
	4 x 100m	F	4 x 100m	F
	4 x 400m	F	4 x 400m	F
	Triple Jump	F		

2.5 Training

- 2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.
- 2.5.2 Where possible the venue should be available for 2 days before the 1st event for training, and also at designated times during the Games when there is no competition.
- 2.5.3 If available, an alternative training venue can be provided, as long as the facilities conform to the relevant IAAF health and safety standards.
- 2.5.4 Officials should be available at all training venues at designated training times for the issue of equipment and supervision of throwing practice sessions.

2.6 Draws for Events / Heats

- 2.6.1 The draws should be in accordance with IAAF Rule 166.
- 2.6.2 Where the facility has only 6 lanes, the appropriate mathematical changes should be made to IAAF Rule 166 to allow for only 6 per heat in events run in lanes, and pro rata for middle and long distance events.
- 2.6.3 The only exception is the Relays where, because of the difficulty of accurate seeding for the Relay events within the Games, qualification from heats to the final will be:
- a. 8 - Lane Track
 - 9 - 16 Teams 1st 2 from each heat plus 4 fastest losers
 - 17 - 24 Teams Winner of each heat plus 5 fastest losers
 - b. 6 - Lane Track
 - 7 - 12 Teams Winner of each heat plus 4 fastest losers
 - 13 - 18 Teams Winner of each heat plus 3 fastest losers

2.7 Venues

2.7.1 The venue should be an international standard synthetic track with a current competition licence from the National Governing Body.

2.7.1 It should have facilities for all the events included under section 2.4.1 above. Where this is not the case it should be made clear at the time of the Bid to Host the Games.

2.7.2 The venue should conform to IAAF Rules 140, 160 and those governing the specific field events.

2.7.3 There should be adequate areas for warm-up, both general and event-specific where possible.

2.8 Equipment

All equipment necessary for the holding of all events should be supplied, including starting blocks (IAAF Rule 161) and all field event equipment although competitors will be allowed to use their own equipment subject to IAAF Rule 187.

2.9 Clothing

The regulation of IAAF Rule 143 concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.10 Medical

The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.11 Medals

2.11.1 Sufficient medals should be ordered for all events as per the entries and the IIGA's own regulations.

2.11.2 The minimum entry numbers to award medals shall be as per the declared entries at the close of the Pre-Competition Technical Meeting subject always to the provisions of Section 16.3 of the Operational Guidelines.

2.11.3 All competitors used in any round of the Relay events will receive a medal but only the 4 athletes used in the final will be presented with medals at the medal ceremony. Organising Committees should note that they may need up to 6 medals of each type for each of the Relays.

2.11.4 All three runners in the Half Marathon Team will receive a medal if they finish.

2.12 Protests and complaints

Any protests or complaints will be investigated by the Meeting Manager and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

2.13 Banned Substances and Drug Testing

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

Section 3 - Technical Committee**3.1 Appointment**

The Technical Committee will be appointed at each Games Post-Competition Meeting and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both of the future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman to ensure continuity.

3.2 Meetings

The Technical Committee will meet if necessary at any time during the Games. In the period between the Games the Technical Committee will act as an advisory/consultative body on any matters arising.

Section 4 – Pre and Post-Competition Meetings

4.1 The Pre and Post-Competition Meetings shall be called and chaired by the Host Island Sports Co-ordinator and shall be attended by the Technical Committee and up to 2 representatives from each competing Member Island Team.

4.2 The Jury of Appeal will be appointed at the Pre-Competition Meeting. A panel of 5 Members (preferably from different competing Member Islands) plus a non-voting Secretary will be appointed. A minimum of 3 Members plus the Secretary would be required to hear an appeal. If the appeal concerns a competitor from the same Member Island as 1 of the Jury Members he/she cannot participate in any decision taken.

Section 5 - Individual Competitions**5.1 Rules**

See Rules 2.1 and 2.4.1 above

5.2 Format

The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with IAAF rule 166.

Section 6 Team Competitions**6.1 Rules**

See Rules 2.1 and 2.4.1 above. The method of calculating the Team score for the Half Marathon shall be on the position of the finishers with points awarded for each finisher e.g. 1 for 1st, 2 for 2nd, etc etc. In the event of a tie, the Team whose 2nd runner finished in the highest position would be the winner.

6.2 Format

The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with IAAF Rule 166 with the exception noted under Rule 2.6.3.